

# Hare Brain Tortoise Mind How Intelligence Increases When You Think Less Guy Claxton

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## **HARE BRAIN, TORTOISE MIND by Guy Claxton | Kirkus Reviews**

Packed with Interesting anecdotes, a dozen puzzles to test your

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reasoning, and the latest related research, Hare Brain, Tortoise Mind is an Illuminating, uplifting, stimulating read that focuses on a new kind of well-being and cognition. Reviews An argument for the seductive proposal that our unconscious intelligence is more productive than we think.

## **Hare Brain, Tortoise Mind - Guy Claxton - Paperback**

Claxton uses the phrase "hare brain" to refer to the sort of deliberate, conscious thinking we do when we apply reason and logic to known data. "Tortoise mind," on the other hand, is more playful, leisurely, even dreamy. In this mode we are contemplative or meditative.

## **Hare Brain, Tortoise Mind - Guy Claxton - Google Books**

Usage Note: The first recorded use of harebrained dates to 1548. The spelling hairbrained also has a long history, going back to the 1500s when hair was a variant spelling of hare. The hair variant was preserved in Scotland into the 1700s, and as a result it is impossible to tell exactly when people began writing hairbrained in the belief that the word means "having a hair-sized brain" rather ...

## **Hare brain, tortoise mind : why intelligence increases ...**

?In these accelerated times, our decisive and businesslike ways of thinking are unprepared for ambiguity, paradox, and sleeping on it." We assume that the quick-thinking "hare brain" will beat out the slower Intuition of the "tortoise mind." However, now research in cognitive science is changing this...

## **Hare Brain, Tortoise Mind: An Excellent Combination | Edutopia**

Hare Brain, Tortoise Mind: Why Intelligence Increases When You Think Less. In a counterintuitive, often provocative assault on our everyday view of how our minds work, Claxton labels rational,

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ordinary, purposeful thinking the ""d-mode"" (deliberation mode or default mode).

## **Hare Brain, Tortoise Mind : Why Intelligence Increases ...**

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## **Hare Brain, Tortoise Mind: Why Intelligence Increases When ...**

Early in his book Claxton provides this guidance on thinking fast or slow: "Whether to back the hare or the tortoise depends crucially on the nature of the situation. If it is complex, unfamiliar, or behaves unexpectedly, tortoise mind is the better bet. If it is a nice logical puzzle, try the hare brain first."

## **Hare Brain, Tortoise Mind: How Intelligence Increases When ...**

Guy Claxton explains how our understanding of intelligence is changing. We must look after both our Hare Brain and Tortoise Mind to liberate creativity. London Business Forum offers a programme of ...

## **?Hare Brain, Tortoise Mind on Apple Books**

In Hare Brain, Tortoise Mind, psychologist Guy Claxton makes an appeal to be less analytical and let our creativity have free rein. He argues compellingly that the mind works best when we trust our

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unconscious, or "undermind" - a cool, intelligent resource that needs only time and receptivity to function.

## **Hare Brain, Tortoise Mind: How Intelligence Increases When ...**

Get this from a library! Hare brain, tortoise mind : why intelligence increases when you think less. [Guy Claxton] -- Hare Brain, Tortoise Mind explores the idea that the human brain sometimes operates better when not concentrating fully. There is scientific evidence to suggest that the mind can solve problems when ...

## **Harebrained - definition of harebrained by The Free Dictionary**

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## **Hare Brain, Tortoise Mind: How Intelligence Increases When ...**

We assume that the quick-thinking "hare brain" will beat out the slower Intuition of the "tortoise mind." However, now research in cognitive science is changing this understanding of the human mind. It suggests that patience and In these accelerated times, our decisive and businesslike ways of thinking are unprepared for ambiguity, paradox, and ...

## **Guy Claxton - Hare Brain, Tortoise Mind**

The pleasures of the "tortoise mind" tend to be poetic, very easy to romanticize. Claxton makes a last-minute case for how this mode of thought can be incorporated into the modern workplace, but his heart obviously lies in its abstract beauty.

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The hare brain is always expected to win against the intuition of the

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tortoise mind. However, new research in cognitive science is forcing on us a new vision of the mind – one in which patience and confusion, rather than rigour and certainty, are seen to be vital precursors to wisdom, and in which acquired patterns of thinking get in the way.

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